

*Promotes comfortable digestion ...
even after large meals!*

Digestive Enzymes

Digestive Enzymes delivers 12 different enzymes, including *protease*, *cellulose*, and *lipase* — to support the digestion of a variety of problem foods and facilitate both optimal nutrient absorption and broad relief from digestive discomforts ... without promoting after-meal surges in blood sugar.¹

Digestive Enzymes is a supplement that contains a total of 12 different digestive enzymes to support the digestion of just about any kind of “problem” food. *Protease*, *cellulose*, and *lipase* are potent yet hardy enzymes that can adapt to a variety of pH environments in your stomach.

This formula encourages optimal protein content in your body and allows for the better utilization of fat!^{2,3} And the combination of 12 different enzymes makes it easy for your digestive system to break down and absorb the nutrients from your food, without experiencing the common uncomfortable side-effects of a large meal.

Unlike many commercial digestive enzyme supplements, *amylase* is intentionally left out of Digestive Enzymes. The reason is that *amylase* breaks down starches into glucose that is rapidly absorbed into your bloodstream.^{4,5}

Digestive Enzymes also helps you break down hard-to-digest plant fibers that many people find hard to digest. Help your body convert food into energy, better absorb the nutrients in your daily meals, and avoid after-meal discomfort with Digestive Enzymes!

Item FH0350 | 60 capsules

References

1. Available at: <http://www.us.elsevierhealth.com/media/us/samplechapters/9781437709599/Sample-Chapter-04.pdf>. Accessed February 25, 2014.
2. *J Int Soc Sports Nutr.* 2008 Jul 24;5:10.
3. *Agro Food Industry Hi-Tech.* 2008;19;4:24-26.
4. *Proc Nutr Soc.* 1971 Dec;30(3):248-54.
5. *PLoS One.* 2013 Apr 25;8(4):e62546.



INGREDIENTS

Serving Size 1 capsule

Servings Per Container 60

Amount Per Serving

Nutrient Absorption Blend	200 mg
Protease SP (<i>Bacillus sp.</i> , <i>Aspergillus oryzae</i>) 97,000 HUT; Protease S (<i>Aspergillus melleus</i>) 10,500 PC; Acid Protease (<i>Aspergillus niger</i>) 10 SAPU; Lipase (<i>Candida rugosa</i> , <i>Rhizopus oryzae</i> , <i>Aspergillus niger</i>) 4,000 FIP; Cellulase (<i>Trichoderma longibrachiatum</i>) 2,400 CU; Trypsin (Porcine) 20,000 USP; Chymotrypsin (Porcine) 3,336 USP; Phytase (<i>Aspergillus niger</i>) 20 FTU; Beta-Glucanase (<i>Trichoderma longibrachiatum</i>) 30 BGU; Hemicellulase (<i>Aspergillus niger</i>) 4,000 HCU; Pectinase (<i>Aspergillus niger</i>) 50 endo-PGU; Xylanase (<i>Trichoderma longibrachiatum</i>) 600 XU	

Other ingredients: tapioca maltodextrin, vegetable cellulose (capsule), corn maltodextrin, medium chain triglycerides (coconut).

Contains milk, soybeans, tree nuts (coconut), wheat.

DIRECTIONS

- Take one capsule twice daily before the heaviest meals or as recommended by a healthcare practitioner.